## My Quiet Battles...

## **Quiet Battles**

It is on the quiet and unseen pages of the heart where my most significant times of victory or defeat are embedded.

For it is here, on these sacred pages, where my destiny is written and forged by the choices I make.

I will, therefore, strive to choose love over hate, truth over falsehood, forgiveness over bitterness, joy over despair, and mercy over revenge.

In short, I will seek to guard my heart and write on its pages many, many times over the positive results of the good choices I have made during my short stay on this earth.

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